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Sherry Torkos is a pharmacist, author, and certified fitness instructor. Daytime Natural Remedies to Help You Feel Better - WFLA News Channel 8. Member Center:

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### **Corowise - ask the experts**

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### **Posts by sherry torkos, b.sc.phm - canadian health**

Sherry Torkos, BSc, Phm, is a nationally recognized pharmacist and the author of Breaking the Age Barrier and Winning at Weight Loss. She is a certified fitness